

# **How to Assist Nature and Win Over Gangrene**

Or any circulatory deficiency symptoms

First and foremost: Remember that God is always hovering near you wanting you to know Him and His great love. His love is healing, He is love and He made you with a capacity for being filled with that love. He wants to restore His image in you which is a loving and lovable character like His; this is healing! Pray first thing in the morning and all day long to him; like talking to your best friend. Ask for healing, He will give it abundantly according to your anticipation of it as you trust Him explicitly for it; this is your first work! While you are doing this do:

**See note** at the bottom of this article regarding Diabetes

Hydrate: Drink 3 quarts of water daily with 2 fresh squeezed lemons in each quart; add Sole to your drink if you like at least take 1-2 Tablespoons of sole am and pm

Drink: Fresh squeezed vegetable juice (8) 8oz cups full (2 quarts) daily. This should consist of a few carrots, a small beet and the rest is greens, the juice should look green. This is the healing juices.

Hot/Cold Contrast Therapy to feet 3 times daily until better, then twice per day until well

(5 minutes in the hot with cayenne pepper  $\frac{1}{4}$  tsp in water. 2 minutes in cold, ice in water too.)

After each foot water therapy, vigorously dry off each foot affected and rub Deep Tissue Heating Salve into the skin on the gangrenous area and around it for a generous 12-16 inches all around, then apply the Black Super Draw Poultice over the top of the salve. The Poultice only needs to be over the gangrenous area and about six inches beyond all around as well. Leave on until the next water therapy, Use the Black Super Draw during the day and while sleeping wrap the foot/feet in a Castor Oil pack. Simply spread oil onto a white rag and wrap the feet with it, cover with plastic

Triple Tincture: Take 3 tsp three times a day for the first three days; then take two tsp three times a day for the next week; maintain for two more weeks taking 1 tsp three times a day; all tinctures are to be dropped into hot water and let set for 10 minutes then drink

Blood Lymph Detox Formula: Drink 4-6 droppers full three times a day for the first three weeks. Then skip two weeks and repeat. Keep doing this

for the first six months. Maintenance for the first three years would be to take Triple and Blood Lymph Detox for a week to 10 days every two months for those three years.

Food Program: Eat half of your total food intake as fresh and some steamed vegetables; also, eat some soaked raw nuts and seeds, a little fresh fruit, but NO sweet fruit. You can have granny smith apples, lemons, limes, and sour grapefruit, all berries except strawberries, cantaloupe, kiwi, green (only) bananas, tomatoes, and avocados. Eat some sprouted grains like Ezekiel bread, cooked legumes like beans, lentils, split peas. No peanuts, cashews, macadamia nuts.

For questions/encouragement please call me at 208 245-3297 or email at [lifetreewellness@yahoo.com](mailto:lifetreewellness@yahoo.com)

There are other things that you have going on that I probably do not know about, such as digestion and absorption correction; high blood pressure, or heart issues, etc. The diet as addressed above is crucial, all of ill symptoms will improve when the diet is corrected. **Diabetes is often the cause of Gangrene, so be sure to read the Diabetes handout and begin those lifestyle changes at the same time.**